

COMMUNICATION AND TRUST –MANTRA FOR A HAPPY MARRIED LIFE

Communication is a two way process and the proper communication between the partners i.e. two mature adults can take the marriage a long way-

- Communication doesn't mean only talking but it also means listening. As it is rightly said "If you want to be a better parent, spouse, friend or a leader try listening. It's guaranteed to take you up a few notches in the way people perceive you."
- Communication also means expressing. Partners need to communicate their likes and dislikes to each other without hurting each other's feelings.
- Accepting mistakes and apologizing for the same and also forgiving each other for the small errors are the signs of healthy relationship and good communication.
- MUTUAL TRUST has to be also communicated very often. Trust can only be developed when you are really faithful to each other; one has to keep one's conscience clear and should never ever indulge into acts which could hurt the other partner's sentiments.

So COMMUNICATE well and enjoy your COMPANIONSHIP.

Arti Bhatia

Counsellor and Language trainer

ZENITH Counselling and Conversational English training centre

An Interactive session for the MARRIED COUPLES on the topic '**Compatibility Quotient between the soul mates**' will be conducted by **Arti Bhatia** on **30th of September 2012** from 11 a.m. to 1.00 p.m. (Feel free to call and register for the free workshop- **Contact-9892131357**)